

Board President Message:

As Board President of Prescott Area Shelter Services, I am honored to serve with Dr. Patricia Watson Secretary, Hope Boldt Vice President, Jacqui Schlosser Treasurer, Amore Cianciola, and Sandra Halldorson as PASS' Board of Directors. The leadership, commitment and energy they contribute provides stability and sustainability to Prescott Area Shelter Services.

2018 was a great year for PASS, we did necessary update projects, were supported by many individuals, foundations, groups doing third party events, we opened an endowment and more! The year 2019 will be a wonderful year for PASS; the expansion project will hopefully begin, the updates will be completed, more guests will be served and PASS will continue to work with community resources.

Many times, we (the collective we) complain about our plight in life. I was bemoaning the fact that January 2019 had been a roller coaster month in our family to a friend and her response was, "well be sure and count your real true blessings." It brought me up short. Too often, we fail to remember what we have in our lives to give thanks for, our family, our friends, our homes and belongings. Try to put yourself in our guests' shoes: no home, lack of support, no food, and no clothes except what's on your back, no job and often time lacking in mental and physical health.

Sometimes our guests just need guidance on how to get through the system, which can be difficult to navigate, especially when advocating for yourself is challenging. Having someone there to help you meet goals you are setting can make a big difference. It might be applying for a lost driver's license or birth certificate when you have no identification at all, it may be getting health insurance, a job, and taking care of their health. Our staff will assist the guests where they are and help guide them to where they want to be to accomplish their individual goals.

PASS has been fortunate to be supported by grants, the endowment, gifts and donations, and we are working toward self-sustainment. If you have property, annuities, life insurance or estate items, please remember PASS in your planned giving. Make the call to Carmen Frederic to find out what you need to do.

The website provides wonderful information about our events and it gives you an opportunity to see what's happening. Check it out: https://prescottshelters.org/

There are so many ways to help at the shelter whether that be sharing your time, talents or a donation. Call 928-778-5933 and make an appointment to find out what you can do to help. We at PASS, the volunteers, the community partners, and the guests give thanks for what we have and for what you do. Giving of your time and resources is truly a blessing. Thank you.



Mission of Prescott Area Shelter Services: To serve homeless women, families, and veterans by providing temporary shelter, resources, individualized case management, and a pathway to permanent housing.

2018 Board of Directors

Board President: Alex Harris | Vice President: Hope Boldt Secretary: Patricia Watson | Treasurer: Jacqui Schlosser Board Members: Amore Cianciola, Carol Nelson, Sandra Halldorson **M. Alex Harris** President of Prescott Area Shelter Services.

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Executive Director Message:

Dear Friends and Supporters of PASS!

Thank you once again for your ongoing support of Prescott Area Shelter Services. This past year for us was an exciting time because we got a lot of updates done at our shelter that were long overdue! But before I get into that, I wanted to share with you the impact that your support provided to women and children who came to PASS in 2018. As you can imagine, any person seeking shelter is in a crisis, which would be overwhelming and daunting to any person! So to all the women who came through our shelter this year, a big round of applause goes out to them! Out of the 128 women we served, 88% of them went into their own housing! This is truly remarkable and tremendous because that means that 112 women that were once in a homeless crisis are now back into housing, have income, support and are self-sustainable! What this means is that a woman came into our program, worked extremely hard while in shelter and was out in a 90day period of time. We can say that is lightning fast!

There is still more work to do in our tri-city area as barriers to affordable housing, transportation and steady employment still are not up to the standards for people to truly get ahead in life. However, we at PASS want to thank all of our donors and volunteers for the tremendous support given and I am happy to report that this year was the most successful year for PASS in regards to receiving the tax credit donations, so WE THANK YOU for that as it is truly what keeps our doors open to the women and children we serve! We provided 5755 bed nights in 2018 and we could not have done it without you!

As far as our shelter goes, thank you to the City of Prescott for granting us money to replace all of our flooring throughout the entire shelter! The work done by Prescott Flooring Company was amazing and it helped to make our shelter safer and cleaner. Also, with other grant money received we

> **2018 Program Results** Women Served: 107 | Children Served: 21 Bed Nights: 5755 | Veterans: 3 Meals Provided: 342

> > 2018 Staff

Carmen Frederic, Executive Director Katee Norris, Director of Programs Marissa O'Brien, Case Manager

were able to replace all our very old windows with brand new weather efficient windows and because of a private donor in our community we were able to completely remodel our kitchen! United Way of Yavapai County not only helped us with a grant to help pay for our case management program, but also came over and painted our kitchen walls which gave it a fresh updated look! Businesses from all over Yavapai County participated in sponsoring and donating items and experiences to our one and only fundraiser we put on each year, making it our most successful "Tea" Fundraiser event we have ever had. Thank you to the schools, groups, and the Police Department who planned third party events for PASS! So I would say that without a doubt, PASS really thrived this year, the women and their children that we served received help and support during a difficult time and our heart beat at PASS gets stronger and stronger with each passing year! Thank you, Prescott Community, foundations, organizations, businesses, faith-based groups and all our dedicated volunteers for all you give to PASS!



Carman Frederic Executive Director

ELTER SERVICES 2018 ANNUAL REPORT

2018 Financial Supporters:

Thank you to all of the individual donors who help make our shelter possible, if you would like to see the list of the individual donors, *please click here*.

Prescott Sunrise Lions Foundation Prescott Noon Lions Foundation, Inc. Prescott Sunrise Lions Foundation Bruce & Kylene Allbright Family Foundation Johnson County Community Foundation Amazon Smile Wells Fargo Foundation United Way of Yavapai County Don Nierling Memorial Foundation City of Prescott (CDBG) Jewish Community Foundation **APS Flectric Co** Tom Pettit Grant Arizona Community Foundation Bank of America Walmart Foundation AZ Diamondbacks Foundation inc St Luke's Episcopal Church Goad Living Trust

Winston Foundation Margaret T Morris Foundation Quality Maytag The Home Depot **BJH** Designs Unity Church of Prescott Benevity Community Impact Fund Valley of the Sun United Way Trinity Presbyterian Church Yavapai Chapter NSDAR Network for Good The Heights Church High Mountain Chordsmen First Congregational Church Trinity Lutheran Church **Crown Imports** Janet Howard Sprouts Farmer's Market Prescott United Methodist Church Antelope Hills Men's Golf Club Prescott Community Church

Granite Peak Unitarian Church Beaver Street Brewing Company Inc. Independent Charitable Giving Fund School Superintendent of Yavapai County Lutheran Women's Missionary League First Christian Church Thrivent Choice Dollars El Gato Azul **Emmanuel Lutheran Church** Chino Valley United Methodist Church Marvin & Joyce Kaiser Foundation Yavapai Prescott Indian Tribe YRMC Fain Family Foundation 4 AM Productions Lamb Chevrolet Mandalay Communities Inc. Embry Riddle Prescott County Sheriff's Department Women Who Care

2018 Program Income / Expenses:





What a Difference a Volunteer Makes!

The value of a volunteer, according to the Independent Sector is \$24.69 per hour.

Stats for one year:

- **Evening Advocate:** 7 nights a week, two volunteers a night at 3 hours each= 2190 hours a year, valued at \$54,071.10. Endless support for PASS guests=priceless
- *Meal Providers:* 7 nights a week, 2-5 hours per meal; 730-1825 hours a year, valued at \$18,023.70-\$45,059.25. Plus the cost on the volunteer to purchase the ingredients for the meal. A full stomach of delicious and nutritious food=priceless.
- **Office Hours:** 5 mornings a week, 3 hours each morning=1095, valued at \$27,035.55. Having a consistent presence in the community=priceless
- **ONA:** 6 hours a night=2184 hours a year, valued at \$54,071.10. Having someone at the shelter in case of an emergency=priceless.

Without community support, it would be difficult to continue our programs and services. The PASS Women's Shelter opened in 2007, beginning in the basement of a church. Our Shelter serves up to 22 women and children on any given night and the waitlist is usually around 12-16 people at all times. Since opening the Shelter we have served over 2400 women and families. PASS provides basic need resources; case management services; workshops on credit counseling, landlord/tenant rights and responsibilities; and job preparedness. Currently our transition rate into permanent housing is 88%. This means that 88% of the guests we serve do not return to homelessness! This is possible because of donors like you and the amazing volunteers we have. We at PASS work hard utilizing a strong case management structure and our Wheels to Work and Homeless Transition Programs. These efforts ensure the guests' success and is based on the goals they set for themselves. We practice a housing first model, and take each guest where they are, and help to get them where they want to go.

Overnight Advocates

Jacqui S

Cvnthia C

Christina Y

Seona S

Advocates

Alexis P Alisa L Anne F Anne G (PUUF) Antonella de K Barbara McC (FCC-UCC) Calvary Church Caring for America Donna V Carol L Carol R [Out of the Box] Charlene G Cheryl F Cindi H Debbie M Dina and Ron Y Hands of God Mickey B Jamie A Jane C Jane K Joan B Judith Mcl Temple B'rth Shalom Judy D Julie T

Alan R

Meal Providers (SWAP)

June D

Karen A

Karen L - Life

Pointe Church

Kathryn S

Kelly M

LaRae L

Laura O

Laura V

Leslie W-P

Unisource

Liz S

Lori C (WVWRS)

Mackenzie R

Manzanita Village

CoHousing – Nancy

Marnie D

Maren D

Mangum Family

Martha B

Marty S

Mary M

Mary T

Mary M -

Gardeners Club

Michael H

Mom's Club

Morgan S

AHC Mom's Group

Pat G Trish DeH Prescott High School "S" Club Rachael S Rebecca/Jesse E Rebekah K Roxanne H(YRMC) Ruth L Gardeners Club Sandy S Shawn B Shirley L Sue M St. George Church (Kelly) Theresa R Sacred Heart Terri C Tod C (Rotary Sunup)/AJ Toni J Tooev D Vinod & Syamala D

Brenda L Teresa C Andrea N Ann M Annette S Bridgett B Cindi K Clarissa M

Connie B

Hannah F

Kara F

Angela D JC Dennis P Linda F Red D Donna K Jessica M Laney M Marci A Mindy R Marissa OB Kathy W

Special Projects

Roy S Josh H Cindi M Tooey D Rowena T Susan C Cyndee Lieberman Beth Ann R Kristen H Amy A

Terry M

Diane P

Ana M

Willy D L Karen L Angela D Ann G Marie D







Marissa O'Brien (Case Manager) Story:

It is really hard to get help sometimes. This is the thought that rings through my head after a day like today, after sitting for three hours at a behavioral health agency for an intake with a woman

suffering from paranoia and delusional thoughts, only to be told by the therapist, "I'm not sure how we can help her, maybe you can come back another day." Or, after telling a motivated, sober, working woman that she must remain homeless for two more months due to legal red- tape preventing her from moving into affordable, permanent housing. And again, after calling a former employer (again) to request the documentation required for an elderly, mentally ill woman to reinstate her health insurance and refill her medication.

And that was just today.

As defeating as setbacks are on days like this, I know that there are solutions. And tomorrow, I will get to be part of the solution. Through advocacy, persistence, and a bit of creativity, I know that I will get to play a role in helping them access services that will improve their circumstance, end their homelessness, and in some cases even save their lives. I find that very rewarding.

Case management at PASS has been a thoroughly positive experience. I came to the shelter after eight years of experience working with the homeless in different settings. My experience has taught me that a case manager can only be as good as the agency she works for. At PASS, I have thrived thanks to the freedom to meet each client with a compassionate, individualized approach. Each woman is able to identify her own goals and together we create a roadmap out of homelessness. Though I cannot reverse the tragic effects of addiction, mental illness and abuse, I am grateful for the opportunity to sit with the women at PASS as they begin to put the pieces of their lives back together. As hard as it is to get help sometimes, it makes it that much more rewarding for me when I get to see my clients succeed.

Sasha Story:

My name is sasha. Im 28 years old and a mother of 2 boys. The shelter was extremely helpful. The staff was extremely helpful and very kind. I ended up needing my oldest son (who is 9) stay with me for a week and the staff let him stay no questions asked. Not only was the shelter amazing by helping me get into a place by matching the money i had given them but also provided me with some basic supplies i needed for my new apartment. The taxi vouchers and gas cards were very helpful as well when it came to me looking and eventually finding a job. All the other clients became like a family to me as well. I have lived in a big city (tucson) and know it is very hard finding help at times. The shelter here (pass) was very clean and helpful with the meal providing. I thank you all so much. This was a very helpful opportunity for me to have a safe place to stay, save money and find a place to go afterwards. You guys are truly a blessing.







Former Guest Stories

Cynthia L. Story:

Hello, my name is Cynthia and this is my story. I had been living in Montana since September 2009 and decided in August 2017 that I'd had enough winter and cold to last me the rest of my life. So, I came to Arizona, I stayed in a hotel for about two weeks, but couldn't find any place affordable to live. Ive always been very independent, but in this discovery of running out of money, I knew I had to find help. Getting help was foreign to me, so I called the Arizona Housing Authority and was given numbers to call. A very kind lady named Marissa answered the phone and asked me how she could help. I told her I needed a place to stay because I had run out of money and had slept in my trunk. Marissa said there was a bed for me and I could go in and fill out paperwork, and that night I had a nice warm bed to sleep in. Thank you, Lord! I thought a shelter was a big gymnasium with a lot of mattresses on the floor, very impersonal, and I am so glad I was wrong!

PASS gave me my own personal space and a loving atmosphere to live in, the shelter became my home. I live at the shelter for 3 months and 9 days. It's not an experience I will ever forget, but rather to choose to remember because it was a good one. During the day while we had to be away from home, I went to the Prescott library and kept a pretty regular schedule of studying and researching. In December 2017, I took a part-time job as a residential housekeeper.

Once a week I met with Marissa. At our first meeting she explained to me what we'd be doing and that she would give me 3 tasks to complete by the next time we met. I always completed the tasks or if I needed help, I would ask Marissa when I saw her during the week. Some of the tasks included getting food stamps, check on apartments, get a job, go to labor force and Goodwill to get further help and ideas. Marissa kept me on track. The everyday routine served to keep me involved and busy making progress for my own future.

Because of that, I told the other girls at the shelter to listen to Marissa and do what she says. I believe in so doing we have the key to our own success. Marissa has the expertise. She knows what she is doing and what we need to do to make progress. Each step is important, thank you Marissa!

For me, being at the shelter was where I was supposed to be at that time in my life. I strongly believe God had this plan for me because I was not afraid, even though it took me a while to settle in. I took the opportunity to make the most of it. I always did my tasks, time and in my best effort. I followed all of the rules, I made my bed, kept all of my belonging in the chest and my "bedroom" area was always neat. I cleaned up after myself, and helped others when appropriate. I always tried to encourage those who seemed down and praise those who did a good job. I wanted them to know that I cared about them and appreciated what they were doing.

I told some of the overnight ladies how much I appreciated them taking care of us. Also, the 5-8 pm volunteers were awesome. They shared dinner with with us, and we enjoyed talking about things. THe conversations and knowing the volunteers were there because they wanted to be was a very comforting thought and a reassurance that we'd be okay. I certainly did not take any of them for granted.

All of the staff and volunteers made us feel like we belonged and were loved. They their responsibilities for us very seriously and made us feel safe and sound. From my heart, I thank all of you! I appreciate what you've done for us more than I know how to express. You are all a gift to be treasured and I do! Now, I would like to thank the many others who helped us. We may not know you personally, but we certainly appreciate you! Meal providers, thank you! You always brought us such wonderful dinners and desserts! We could tell they were cooked and baked with much love. Volunteers and donors, thank you! Thank you for your time, money, meals, donations of clothing and toiletries. Thank you for caring for us so lovingly and faithfully. We never went without. You are SO special because you care so much for other people (most of whom you don't even know), hurting people who are having a rough time. You didnt have to help us, you chose to!

My experience at the shelter will always be a constant reminder of how God has worked in my life to grow me up spiritually and make me a better and stronger person. I am a recipient of the grace of God through my stay at the shelter, this was actually one of the best experiences of my life because it has made me stronger. I believe we must received what has been given to us. The shelter was a gift from God to get me on my feet again. Thank you, Prescott Area Shelter Services for being there for me. I cannot imagine, nor do I care to think about, where I would have been without you. Thank you!

Sincerely and respectfully, Cynthia